



Started by Rocco Palmerie in 1921, when it was called "the Modern Grocery Company," Palmer's Market moved to Noroton Heights in 1951. Today, still family owned and operated, Palmer's is truly Darien's hometown market. Known for its high quality, impeccable service, great selection, and hard to find specialty items, Palmer's is the place to go for the best produce in town. We also feature the finest quality meats cut in-house by our butchers, the freshest seafood brought in daily by our on staff fishmonger and an in-store florist offering cut flowers and potted plants from local and international growers. Add to that a friendly, knowledgeable staff and you have an unparalleled shopping experience.

### CATERING

Palmer's offers up an amazingly varied and extensive menu of restaurant quality prepared foods. Save time and energy and let Palmer's make all your entertaining and special events a success.

Browse through our menu and give us a call.

### **HOW TO PLACE AN ORDER**

Please call 655-2077

For a Party Request Allow 7 Days Notice.

This menu serves only as a guide. We are more than happy to customize a menu to suit your needs. Please note that, to ensure our superb quality, we take on a limited number of catering jobs. Please plan ahead so that you are not disappointed. We appreciate your understanding.

The Palmer Family



### **HOT HORS D'OEUVRES**

- Mini Lobster Cakes with Tarragon Aioli \$18.99/DZ
- Mini Crab Cakes with Sauce Vert \$18.99/DZ
- Thai Beef Skewers with Ponzu \$17.99/DZ
- Mini Chicken Quesadillas with Chipotle Sour Cream \$15.99/DZ
- Jumbo Coconut Shrimp with Mango Sauce \$22.99/DZ
- Spanikopita \$15.99/DZ
- Brie & Raspberry Phyllo Star \$16.99/DZ

### **COLD HORS D'OEUVRES**

- Sesame Tuna Tartar with Crisp Wonton \$19.99/DZ
- Filet of Beef on Brioche Toast Points w/Horseradish Crème Fraiche \$17.99/DZ
- Smoked Salmon Canapé w/Dill Crème Fraiche \$18.99/DZ
- Antipasto Skewer \$14.99/DZ

### **STATIONARY HORS D'OEUVRES**

- Baked Brie with Pear and Cranberry Chutney  
Small \$22.99 Large \$35.99
- Cruditè Basket with Assorted Dips  
Small \$39.99 (15-20) Large \$59.99 (25-30)
- Fruit and Cheese Basket with Assorted Crackers  
Small \$65.00 (15-20) Large \$85.00 (25-30)
- Shrimp Cocktail with Traditional Cocktail Sauce or Horseradish Avocado Dip \$19.99/LB
- Charcuterie Platter  
Assorted Meats and Pâtés Served with Sliced Baguette and Crackers \$65.00 (10-15)
- Traditional Tomato Bruschetta  
\$24.99 (serves 10-15)
- Roasted Garlic and Sun-Dried Tomato Hummus with Pita Chips \$24.99 (serves 10-15)



## GREEN SALADS

Mesculine Greens Salad with Strawberries, Candied Pecans, Ricotta Salata and Balsamic Vinaigrette  
\$3.25 per person

Traditional Caesar Salad  
\$3.25 per person With Chicken \$4.25 per person

Spinach Salad with Feta Cheese, Pancetta, Pine Nuts, Lemon Vinaigrette  
\$3.25 per person

Citrus Shrimp Salad  
With Mangos, Macadamia Nuts, Boston Bibb Lettuce, Citrus Shrimp with a Sesame Ginger Dressing  
\$4.50 per person

Marinated Portabello Salad  
With Lola Rosa, Goat Cheese, Marinated Artichoke Hearts with a Creamy Truffle Dressing  
\$3.50 per person

## SANDWICHES

Roast Beef on Sour Dough Bread  
With Caramelized Onions, Spinach, Muenster Cheese, Horseradish Crème Fraiche \$6.99

Ham and Brie on Croissant  
Grilled Tomato, Watercress and Honey Mustard  
\$6.99

Chicken Salad or Tuna Salad  
in a Whole Wheat Pita \$6.99

Grilled Chicken on a Rustic Roll  
Roasted Peppers, Boursin Cheese, Carmelized Onions \$6.99

Grilled Vegetable Pita  
with Alfalfa Sprouts \$6.99

Rotisserie Chicken Wrap  
Grilled Asparagus and Basil Mayonnaise \$6.99



## VEGETABLE & STARCH

Roasted Garlic Sautéed Broccoli Rabe with Sun Dried Tomatoes \$9.99/LB

Oven Roasted Baby Vegetables with Fresh Herbs  
\$8.99/LB

Grilled Asparagus \$9.99/LB

Sautéed Haricot Verts with Sautéed Shitake Mushrooms and Caramelized Shallots \$9.99/LB

Sesame Steamed Snap Peas \$9.99/LB

Roasted Garlic Whipped Potatoes \$7.99/LB

Bourbon Whipped Sweet Potatoes \$8.99/LB

Rosemary Roasted Red Bliss Potatoes \$8.99/LB

Three Potato and Gruyere Cheese Gratin \$8.99/LB

Sun Dried Tomato Basil Risotto \$5.99/EA

## ENTREES

Sliced Beef Tenderloin  
Horseradish Sauce or Wild Mushroom Demi Glace  
\$23.99/LB

Poached Salmon  
Cucumber Dill Crème Fraiche  
\$18.99/LB

Herb Breaded Crispy Chicken Breast  
Rosemary Gravy  
\$14.99/LB

Thai Grilled Flank Steak  
\$17.99/LB

Balsamic Grilled Chicken Breast  
With Red Onion, Tomato, Mozzarella Salad  
\$14.99/LB



## **SALADS**

### CHICKEN

- Chicken Salad \$10.99
- Apricot Chicken Salad \$10.99
- Curried Chicken Salad \$10.99
- Pistachio Chicken Salad \$11.99
- Thai Chicken Salad \$12.99
- Southwestern Chicken Salad \$12.99
- Turkey Almond Salad \$10.99

### SEAFOOD

- Tuna Nicoise \$11.99
- Seafood Salad \$16.99
- Lobster Salad - Market Price

### VEGETARIAN

- Arugula Slaw \$8.99
- Dill Potato Salad \$8.99
- Potato Egg Salad \$8.99
- Mexican Inspired Chopped Salad \$8.99
- Cole Slaw \$8.99
- Jicama Slaw \$10.99
- Chickpea Salad \$8.99
- Beet Salad \$7.99
- Three Bean Salad \$7.99
- Artichoke and Hearts of Palm Salad \$8.99

### PASTA / GRAINS

- Pesto Pasta Salad \$9.99
- Pasta Primavera Salad \$9.99
- Garlic Pasta Salad \$9.99
- BLT Pasta Salad \$9.99
- Thai Pasta Salad \$9.99
- Tri-Color Tortellini Pasta Salad \$9.99
- Toasted Orzo Salad \$9.99
- Corn and Black Bean Salad \$9.99
- Wild and White Rice Salad \$9.99
- Lentil Salad \$9.99
- Wheat Berry Salad \$9.99
- Tabbouleh \$9.99
- Quinoa Salad \$9.99
- Mediterranean Couscous Salad \$9.99



## **CASUAL PARTY ITEMS**

### THREE FOOT SUBS

- American \$45.00
- Italian \$55.00

### COLD CUT PLATTER

- \$5.99 per person

### BEEF CHILI

- \$7.99/LB

### SAUSAGE & PEPPERS

- 1/2 Pan (Serves 10-12) \$55.99
- Full Pan (Serves 18-20) \$95.99

### MEAT LASAGNA

- 1/2 Pan (Serves 10-12) \$55.99
- Full Pan (Serves 18-20) \$95.99

### VEGETABLE LASAGNA

- 1/2 Pan (Serves 10-12) \$45.99
- Full Pan (Serves 18-20) \$85.99

### BAKED MACARONI & CHEESE

- 1/2 Pan (Serves 10-12) \$45.99
- Full Pan (Serves 18-20) \$85.99

### EGGPLANT PARMESAN

- 1/2 Pan (Serves 10-12) \$45.99
- Full Pan (Serves 18-20) \$85.99

### BAKED ZITI

- 1/2 Pan (Serves 10-12) \$45.99
- Full Pan (Serves 18-20) \$85.99

- Chicken Parmesan \$14.99/LB

- Wings Buffalo or Teriyaki \$12.99/LB

- Barbeque St. Louis Ribs \$11.99/LB

- Pulled Pork \$16.99/LB

- Sliced Fruit Platter \$11.99/LB

- Fruit Skewers \$1.75/EA